

GAMBLING PROBLEM?

Time to take a break...

For most people gambling is an enjoyable pastime, which can be taken or left on any given day. For a few people, gambling has long since lost its fun element and has instead become a major problem leading to the loss of perspective, money, relationships, friends and sometimes even jobs. If you are of the opinion that gambling is no longer a source of fun and entertainment for you, then it may be time to take a step back and withdraw from gambling for a short, medium or long-term period. The most effective way of doing this is to formally exclude yourself from casino gambling entirely, for a specified length of time of your choosing.

To self-exclude, you can either submit a request in writing or fill out the form overleaf. The self-exclusion period will be effective immediately and will mean that you will be unable to visit our club or other member clubs of the Gaming and Leisure Association of Ireland (see www.glai.ie for a full list of members). After not less than one month, you may write and request that your self-exclusion period be terminated. On receipt of your written request, your period of self-exclusion will be terminated 28 days from the date of writing.

If you are still unsure as to whether you wish to self-exclude, please take the time to discuss your concerns with a senior member of staff.

Please note:

Neither the GLAI nor its members assume responsibility in the event that a self-excluded member gains entry into one of our member clubs, despite that club's best efforts to respect the self-exclusion request.

SELF-EXCLUSION REQUEST FORM

Date:/...../.....

To whom it may concern,

I,, wish to voluntarily exclude myself from the and all member clubs of the Gaming and Leisure Association of Ireland until further notice.

I acknowledge that all other gaming clubs in the Gaming and Leisure Association of Ireland will be notified of my intention to avail of the voluntary self-exclusion policy.

I also confirm that I will provide the above-mentioned club with a minimum of one month's notice in writing of my intention to return to the club. My re-admittance will then be at the discretion of the club.

Yours faithfully,

Signature:

Member Name:

Membership Number:

To be handed to the Casino General Manager / representative and counter signed:

Name:

Position: